

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bread	Freshly Baked Homemade Breads				
Mains	Chicken Korma or Vegetarian Korma	Beef Bolognese or Vegetarian Korma	Roast Pork with Yorkshire Pudding & Gravy or Yorkito Peppers, Courgettes, Chickpeas and Tomatoes	Chicken, Peppers, Courgettes and Carrots with Black Bean Sauce or Stir Fry Vegetables with Sweet Chilli and Ginger Sauce	Breaded Fish (gluten free) or Ricotta and Spinach Filo Roll
Sides	Pilau Rice & Sweet Corn	Pasta & Green Beans	Thyme Roast Potatoes & Carrots	Peas & Steamed Rice	Chunky Chips & Baked Beans (low salt and sugar)
Dessert	Blueberry and Banana Loaf Served with Custard	Apple Crumble and Custard	Vanilla Cheesecake	Carrot Sponge and Custard	White Chocolate Drizzled Flapjacks
Fruit of the day	Selection of fruit alternates daily between banana, satsuma, pears, apples (1 fruit per day)				
Nibble pot	Carrot	Cucumber	Sweetcorn	Pepper	Cucumber

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bread	Freshly Baked Homemade Breads				
Mains	Beef Provençal or Aubergine Cauliflower & Butternut Squash Provençal	Skinless Sausage and Mash or Skinless Plant Based Sausages and Mash	Roast Chicken with Yorkshire Pudding & Gravy or Cauliflower Cheese	Chicken Carbonara Pasta or Pasta Arrabbiata	Breaded Fish (gluten free) or Mushrooms and Onion Quiche
Sides	Steamed Carrots, Peas & Steamed Rice	Garden Peas & Baked Beans (low salt and sugar)	Thyme Roast Potatoes, Honey Glazed Roots & Glazed Carrots	Green Beans	Chunky Chips, Garden Peas, Mushy Peas & Baked Beans (low salt and sugar)
Dessert	Jelly	Fresh Fruit Salad	Jam Coconut sponge	Yoghurt	Sorbet
Fruit of the day	Selection of fruit alternates daily between banana, satsuma, pears, apples (1 fruit per day)				
Nibble pot	Carrot	Cucumber	Sweetcorn	Pepper	Cucumber

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bread	Freshly Baked Homemade Breads				
Mains	Chicken Curry with Potatoes or Vegetable Curry with Potatoes	Skinless Chicken Hot Dogs or Skinless Plant Based Hot Dogs	Roast Gammon with Yorkshire Pudding & Gravy or Aubergine, Butternut Squash & Bean Wrap	Beef Chilli Con Carne or Vegetable Chilli Con Carne	Oven Baked Breaded Fish <i>(gluten free)</i> Skinless Plant Based Sausages
Sides	Pilau Rice & Green Beans	Wedges & Broccoli	Thyme Roast Potatoes & Carrots	Steamed Rice & Peas	Chunky Chips, Baked Beans <i>(low salt and sugar)</i>
Dessert	Carrot Sponge served with Whipped Cream	Jelly	Fresh Fruit Salad	Banana Sticky Pudding with Custard	Jelly
Fruit of the day	Selection of fruit alternates daily between banana, satsuma, pears, apples (1 fruit per day)				
Nibble pot	Carrot	Cucumber	Sweetcorn	Pepper	Cucumber