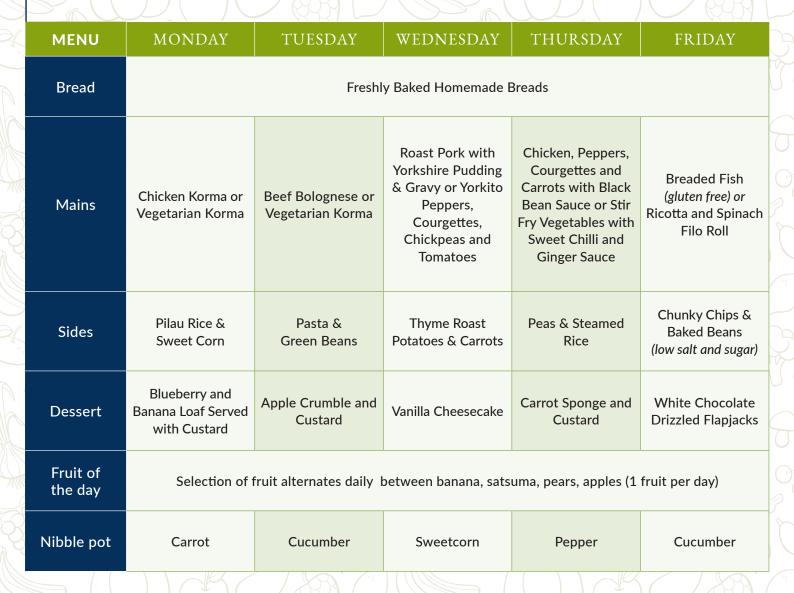
LOWER SCHOOL

WEEK 1 SPRING TERM (3)



LOWER SCHOOL

WEEK 2 SPRING TERM ©



LOWER SCHOOL

WEEK 3 SPRING TERM 🕲

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bread	Freshly Baked Homemade Breads				
Mains	Chicken Curry with Potatoes or Vegetable Curry with Potatoes	Skinless Chicken Hot Dogs or Skinless Plant Based Hot Dogs	Roast Gammon with Yorkshire Pudding & Gravy or Aubergine, Butternut Squash & Bean Wrap	Beef Chilli Con Carne or Vegetable Chilli Con Carne	Oven Baked Breaded Fish (gluten free) Skinless Plant Based Sausages
Sides	Pilau Rice & Green Beans	Wedges & Broccoli	Thyme Roast Potatoes & Carrots	Steamed Rice & Peas	Chunky Chips, Baked Beans (low salt and sugar)
Dessert	Carrot Sponge served with Whipped Cream	Jelly	Fresh Fruit Salad	Banana Sticky Pudding with Custard	Jelly
Fruit of the day	Selection of fruit alternates daily between banana, satsuma, pears, apples (1 fruit per day)				
Nibble pot	Carrot	Cucumber	Sweetcorn	Pepper	Cucumber