

MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day, Herb Salted Croutons, Chilli Flakes, Sunflower Seeds, Pumpkin Seeds				
Bread	Freshly Baked Flavoured Breads				
Main	Chicken Arrabbiata Pasta Bake	Beef Chilli Con Carne with Nachos, Sour Cream & Chive	Roast Gammon with Yorkshire Pudding & Gravy	Massaman Chicken Curry	Breaded Fish or Halal Chicken Sausages or Battered Pork Sausages
Vegetarian main	Creamy Baked Gnocchi with Butternut Squash & Spinach	Vegetable Chilli Con Carne	Vegetarian Quiche	Aubergine Dhansak Curry	Squash, Lentil & Sausage Roll
	Jacket & Sweet Potatoes Available Daily				
Sides	Roasted Aubergine, Courgettes	Steamed Fluffy Rice, Peas, Glazed Carrots	Thyme Roast Potatoes, Honey Glazed Roots	Pilau Rice, Naan Bread, Onion Bhaji, Broccoli	Chunky Chips, Mushy Peas, Baked Beans <i>(low salt and sugar)</i>
Dessert	Spiced Apple Crumble with Steamy Custard	Goopy Chocolate Brownies with Whipped Cream	Eton Berry Mess	Jam & Coconut Sponge with Vanilla Custard	Ice Cream Bar, Sprinkles, Sauce & Various Toppings
Big bowl salad	Feta, Mint, Pickled Watermelon	Roasted Butternut Squash & Spinach Leaves	Classic Caesar Salad	Bulgur Wheat, Peas & Pomegranate	Rice, Spring Onion, & Red Pepper
Everyday salads	Tomato, Cucumber, Eggs, Mixed Leaves, Sweetcorn, Cheese, Peppers, Carrot with a Selection of Dressings				
Fruit bar	Whole Fruit: Banana, Satsuma, Pears, Apples Fruit Pots: Duo of Melon, Grapes, Pineapple				
Yoghurt bar	Natural Yoghurt, Fruit Compote, Dried Fruits, Seeds				

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Soup	Soup of the day, Herb Salted Croutons, Chilli Flakes, Sunflower Seeds, Pumpkin Seeds				
Bread	Freshly Baked Flavoured Breads				
Main	Thai Red Chicken Curry	Chicken or Cumberland Pork Sausages with Onion Gravy	Roast Chicken with Yorkshire Pudding & Trimmings	Beef Lasagne with Garlic Bread	Breaded Fish or Chicken Sausages or Battered Pork Sausages
Vegetarian main	Cauliflower Mac & Cheese	Plant Based Sausages	Roast Vegetable Pie Topped with Puff Pastry	Vegetable Lasagne with Garlic Bread	Teriyaki Tofu with Spring Onions
	Jacket & Sweet Potatoes Available Daily				
Sides	Steamed Rice, Broccoli, Green Beans	Mashed Potatoes, Garden Peas & Baked Beans <i>(low salt and sugar)</i>	Roasted Potatoes, Glazed Root Veg, Sage & Onion Stuffing	Steamed Buttery Greens	Chunky Chips, Garden Peas & Baked Beans <i>(low salt and sugar)</i>
Dessert	Banana Sticky Pudding with Toffee Sauce	Upside Down Pineapple Cake	Lemon Cheesecake	Carrot Cake	Ice Cream Bar, Sprinkles, Sauces & Various Toppings
Big bowl salad	Roasted Cauliflower, Fennel & Red Onion	Classic Greek Salad	Five Bean, Sweetcorn & Crispy Chickpeas	Tomato, Basil, & Red Onion Salad	Aubergine Harissa Salad
Everyday salads	Tomato, Cucumber, Eggs, Mixed Leaves, Sweetcorn, Cheese, Peppers, Carrot with a Selection of Dressings				
Fruit bar	Whole Fruit: Banana, Satsuma, Pears, Apples Fruit Pots: Duo of Melon, Grapes, Pineapple				
Yoghurt bar	Natural Yoghurt, Fruit Compote, Dried Fruits, Seeds				

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Soup	Soup of the day, Herb Salted Croutons, Chilli Flakes, Sunflower Seeds, Pumpkin Seeds				
Bread	Freshly Baked Flavoured Breads				
Main	Sweet 'n' Sour Chicken with Noodles	Jerk Chicken Thighs	Roast Turkey with Yorkshire Pudding & Rich Gravy	Pepperoni Pizza	Breaded Fish, Chicken or Battered Pork Sausages
Vegetarian main	Vegetable Sweet 'n' Sour with Noodles	Vegetable Tortilla	Butternut Squash, Spinach, Feta & Filo Pie	Tomato & Cheese Pizza	Plant Based Sausages
	Jacket & Sweet Potatoes Available Daily				
Sides	Stir Fry Vegetables; Bean Sprouts, Peppers, Prawn Crackers	Rice 'n' Peas & Garden Peas	Roast Potatoes, Glazed Roots, Green Beans	Homemade Wedges, Corn Cobettes, & Sweetcorn	Chunky Chips, Garden Peas, Baked Beans <i>(low salt and sugar)</i>
Dessert	Bread & Butter Pudding with Vanilla Custard	Blueberry & Lemon Cheesecake	Banoffee Pie Pots	Forest Berry Crumble with Vanilla Custard	Ice Cream Bar, Sprinkles, Sauces, Various Toppings
Big bowl salad	Asian Slaw	Potato, Spring Onion & Parsley Salad	Beetroot, Orange, Sour Cream & Chive	Pesto Pasta with Sundried Tomato	Fresh Pea & Lemon Couscous
Everyday salads	Tomato, Cucumber, Eggs, Mixed Leaves, Sweetcorn, Cheese, Peppers, Carrot with a Selection of Dressings				
Fruit bar	Whole Fruit: Banana, Satsuma, Pears, Apples Fruit Pots: Duo of Melon, Grapes, Pineapple				
Yoghurt bar	Natural Yoghurt, Fruit Compote, Dried Fruits, Seeds				