

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Soup of the day, Herb Salted Croutons, Chilli Flakes, Sunflower Seeds, Pumpkin Seeds				
Bread	Freshly Baked Flavoured Breads				
Main	Chicken Korma	Beef Bolognese	Roast Pork with Yorkshire Pudding & Gravy	Chicken, Peppers, Courgettes and Carrots with Black Bean Sauce	Breaded Fish (gluten free)
Vegetarian main	Vegetarian Korma	Marinara Sauce	Yorkito Peppers, Courgettes, Chickpeas and Tomatoes	Stir Fry Vegetables with Sweet Chilli and Ginger Sauce	Ricotta and Spinach Filo Roll
	Jacket & Sweet Potatoes Available Daily				
Sides	Pilau Rice & Steamed Carrots	Pasta, Green Bean & Peas	Thyme Roast Potatoes, Honey Glazed Roots & Glazed Carrots	Peas & Steamed Rice	Chunky Chips, Garden Peas, Mushy Peas & Baked Beans (low salt and sugar)
Dessert	Blueberry and Banana Loaf Served with Custard	Apple Crumble and Custard	Vanilla Cheesecake	Carrot Sponge and Custard	White Chocolate Drizzled Flapjacks
Big bowl salad	Greek Salad	Greek Salad	Beetroot & Halloumi Salad	Green Potato Salad	Crunchy Bulgur Salad
Everyday salads	Tomato, Cucumber, Eggs, Mixed Leaves, Sweetcorn, Cheese, Peppers, Carrot with a Selection of Dressings				
Fruit bar	Whole Fruit: Banana, Satsuma, Pears, Apples Fruit Pots: Duo of Melon, Grapes, Pineapple				
Yoghurt bar	Natural Yoghurt, Fruit Compote, Dried Fruits, Seeds				
Nibble pot	Carrot	Cucumber	Sweetcorn	Pepper	Cucumber

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Soup	Soup of the day, Herb Salted Croutons, Chilli Flakes, Sunflower Seeds, Pumpkin Seeds				
Bread	Freshly Baked Flavoured Breads				
Main	Beef Provencal	Skinless Sausage and Mash	Roast Chicken with Yorkshire Pudding & Gravy	Chicken Carbonara Pasta	Breaded Fish (gluten free)
Vegetarian main	Aubergine Cauliflower & Butternut Squash Provencal	Skinless Plant Based Sausages and Mash	Cauliflower Cheese	Pasta Arrabbiata	Mushrooms and Onion Quiche
	Jacket & Sweet Potatoes Available Daily				
Sides	Steamed Carrots, Peas & Steamed Rice	Garden Peas & Baked Beans (low salt and sugar)	Thyme Roast Potatoes, Honey Glazed Roots & Glazed Carrots	Green Beans	Chunky Chips, Garden Peas, Mushy Peas & Baked Beans (low salt and sugar)
Dessert	Jelly	Fresh Fruit Salad	Jam Coconut sponge	Yoghurt	Sorbet
Big bowl salad	Green Potato Salad with Crispy Onions	Roast Pepper, Aubergine and Sweet Potato	Greek Salad	Fennel, Rocket and Herb Salad	Beetroot and Red Onion Salad
Everyday salads	Tomato, Cucumber, Eggs, Mixed Leaves, Sweetcorn, Cheese, Peppers, Carrot with a Selection of Dressings				
Fruit bar	Whole Fruit: Banana, Satsuma, Pears, Apples Fruit Pots: Duo of Melon, Grapes, Pineapple				
Yoghurt bar	Natural Yoghurt, Fruit Compote, Dried Fruits, Seeds				
Nibble pot	Carrot	Cucumber	Sweetcorn	Pepper	Cucumber

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Soup	Soup of the day, Herb Salted Croutons, Chilli Flakes, Sunflower Seeds, Pumpkin Seeds				
Bread	Freshly Baked Flavoured Breads				
Main	Chicken Curry with Potatoes	Skinless Chicken Hot Dogs	Roast Gammon with Yorkshire Pudding & Gravy	Green Thai Chicken	Oven Baked Breaded Fish (gluten free)
Vegetarian main	Vegetable Curry with Potatoes	Skinless Plant Based Hot Dogs	Aubergine, Butternut Squash & Bean Wrap	Vegetable Thai Curry	Skinless Plant Based Sausages
	Jacket & Sweet Potatoes Available Daily				
Sides	Pilau Rice, Spinach & Green Beans	Wedges & Broccoli	Thyme Roast Potatoes, Honey Glazed Roots & Glazed Carrots	Steamed Rice & Peas	Chunky Chips, Garden Peas, Baked Beans (low salt and sugar)
Dessert	Carrot Sponge served with Whipped Cream	Jelly	Fresh Fruit Salad	Banana Sticky Pudding with Custard	Jelly
Big bowl salad	Roasted Cauliflower, Fennel & Mild Curry Spices	Five Bean Salad with Couscous	Aubergine Harissa Salad	Classic Caesar Salad	Fresh Pea & Mint Couscous Salad
Everyday salads	Tomato, Cucumber, Eggs, Mixed Leaves, Sweetcorn, Cheese, Peppers, Carrot with a Selection of Dressings				
Fruit bar	Whole Fruit: Banana, Satsuma, Pears, Apples Fruit Pots: Duo of Melon, Grapes, Pineapple				
Yoghurt bar	Natural Yoghurt, Fruit Compote, Dried Fruits, Seeds				
Nibble pot	Carrot	Cucumber	Sweetcorn	Pepper	Cucumber